observed firsthand the application of the Allen Cognitive Level Screen and the Cognitive Performance Test.

Additional Authors
Debra Lindstrom-Hazel PhD, OTR
Associate Professor, Occupational Therapist
Western Michigan University

Dr. Lindstrom-Hazel is an associate professor in occupational therapy at Western Michigan University. Her professional interests include wellness for seniors, social epidemiology, fall prevention, hip fracture recovery, injury prevention, work rehabilitation, and evaluation norms. Interest in the Allen Cognitive Level Screen and the Cognitive Performance Test developed as a result of her work with the WMU Geriatric Assessment Center, a clinic aimed at providing older patients and their doctors with a thorough and expert analysis of the impact of aging issues on medical problems, use of medications, in-home support and care and daily functioning.

Christina Erbisch MS, OTR
Occupational Therapist
Marquette General Hospital

Chris Erbisch is the Director of Occupational Therapy at Marquette General Hospital. Her interest in the Allen Cognitive Levels is the result of overseeing the occupational therapists in the acute inpatient psychiatric unit as well as being the primary therapist serving the Upper Michigan Memory Project. This federally funded outreach program is designed to improve medical access to care, and coordination of care between the medical providers and community resources for patients with memory problems. Her cooperation with Western Michigan University facilitated the completion with this research project.

Learning Objective
At the conclusion of this presentation participants will be able to:

Describe the relationship between the Large Allen Cognitive Level Screen (LACLS) and the Cognitive Performance Test (CPT) in measuring cognition using the Allen Cognitive Levels.

Allen Cognitive Advisors, Ltd.
P.O. Box 6453
Monona, WI 53716-6453
www.allen-cognitive-network.org
Hotel Information
Crowne Plaza Quaker Square Hotel  Tel: 330-253-5970
Akron, Ohio  Fax: 330-253-2574

Hotel web site: http://www.quakersquare.com/index.html

Discounted Rates for Symposium Rooms are Limited
(Let the Sales Manager Know that you are with the Allen Cognitive Network to receive your discounted rate.)

Directions to the hotel:
From Cleveland (Eastern Suburbs) Erie & Buffalo: I-271 South to I-77 South/Akron. Exit #22A Main/Broadway. Left on Broadway. 1.2 miles. Hotel on right.

From Cleveland Hopkins Airport & Western Suburbs Via I-77 South: Exit airport, turn left at traffic light to 480 East. Follow 480 East (approximately 10 miles) to I-77 South. Follow I-77 south to Exit #22A Main/ Broadway. Left on Broadway. 1.2 miles. Hotel on right.

From Cleveland Via I-77 & Ohio Turnpike East Bound: Follow I-77 south to Exit #22A Main/Broadway. Left on Broadway. 1.2 miles. Hotel on right.

From Youngstown, Pittsburgh, Ohio & PA Turnpikes, West Bound and I-80: Take 76 West to I-77 North to Downtown Akron, Exit #22A Main/Downtown, merge right on S. Broadway 1.2 miles. Hotel on right.

From Canton: Follow I-77 North to Downtown Akron. Exit #22A Main/Downtown, merge right on S. Broadway 1.2 miles. Hotel on right.

From Columbus: Take I-71 North to I-76 East/Akron. Exit #22A Main/Broadway. Left on Broadway 1.2 miles. Hotel on right.

Transportation
Transportation will be provided to and from the hotel to the pre-symposium workshop and to the symposium.

Presenter: Joan Riches
Consultant
Riches Consulting (1993)

Joan Riches B.Sc.O.T., an educator in private practice from High River, Alberta, Canada, is president elect of Allen Advisors Ltd.

Learning Objectives
At the conclusion of this presentation participants will be able to describe the necessary elements to create an effective, safe and satisfying quilt to encourage environmental interaction in individuals at Levels 2 and 3.

Poster Presentation: Comparing the ACL to Assessment Tools in Speech-Language Pathology

Presenter  Nancy D. Harris, M.A., CCC-SLP
Clinical Supervisor, Speech-Language Pathologist
The University of Akron

Nancy D. Harris, M.A., CCC-SLP, earned her masters degree in speech-language pathology at Kent State University in 1985. She currently is a clinical supervisor for the Audiology and Speech Center at The University of Akron. Mrs. Harris currently supervises students and provides speech-language-cognitive services for two off campus contract. One contact is for an outpatient clinic involving clients with neurogenic disorder. The second contract is with and extended care facility focusing on cognitive disorders in dementia. Her background includes extensive clinical experience in long-term care and acute care settings.

Learning Objectives
At the conclusion of this presentation participants will be able to
1. Describe the difference between five different assessments for cognition.
2. Compare the results of clients with TBI, CVA, and dementia across the five tests of cognition.

Poster Presentation: Convergent Validity between the Cognitive Performance Test and Allen Cognitive Level Screen

Presenter: Erin Muston MS, OTR
Occupational Therapist

Erin is a recent graduate of Western Michigan University with a Master’s degree in Occupational Therapy. Her research was completed under the direction of Debra Lindstrom-Hazel and in conjunction with Marquette General Hospital. Her interest in the Allen Cognitive Levels was sparked during her Level II affiliation at Marquette General in which she worked on the Acute Inpatient Psychiatric Unit. During this affiliation, she
3. Examine student outcomes and make inferences about the effectiveness of this instructional technique.

4. Describe ways to apply a systematic approach to teaching within your own instructional settings (academic and/or clinical)

**Posters/Tabletop Presentations**

**Tabletop Presentation: “It’s All in the Cards!”**

**Presenter:** Stella Marie Farrell OTR/L  
Staff Therapist  
LAC+USC Healthcare Network

Stella Marie Farrell is currently Occupational Therapist II at LAC+USC Healthcare Network Psychiatric Service. She has worked with the Cognitive Disabilities frame of reference to provide services to adult inpatients since 1999. She is very interested in the development of new functional assessments that meet the needs of the diverse patient population with whom she works.

**Presenter:** Catherine A. Earhart OTR/L  
Supervisor of Occupational Therapy  
LAC+USC Healthcare Network

Catherine A. Earhart is Supervisor of Occupational Therapy at LAC+USC Healthcare Network Psychiatric Service in Los Angeles. She worked with Claudia Allen and colleagues from 1974 to 1995 in research and clinical activities to develop and expand the theoretical modes of performance in the Allen Scale. Her ongoing interest is in the development of therapist friendly, meaningful functional assessment activities and she recently published the Allen Diagnostic Module-2nd Edition, a collection of standardized assessments.

**Objective**

At the conclusion of this presentation participants will be able to describe potential uses of paper greeting cards as assessments of functional abilities for individuals with severe to moderate global cognitive impairments.

**Tabletop Presentation: The Joy of Touch and Reminiscence with Quilts**

**Presenter:** Marian Bryan OTA  
Occupational Therapy Assistant  
Rehabilitation Services, South Central Rural, Calgary Health Region

Marian Bryan OTA works mainly with geriatric clients in a rural general hospital with includes a long term care unit.

**Who Should Attend:**

Occupational therapists, occupational therapy assistants, speech-language pathologists, physical therapists, and physical therapy assistants. Professionals with an intermediate level of understanding of the Allen Levels should attend.

**Program Schedule**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Presenter/Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00 - 9:30</td>
<td>Welcome</td>
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| 9:30 - 11:30| Dr. Dawn Velligan  
Environmental Supports to Improve Outcomes in Schizophrenia and other Conditions with Cognitive Impairment. |                                                                                |
| 11:30 - 12:00| Posters and Vendors                                                      |                                                                                 |
| 12:00 - 1:00| Lunch - Meet and Eat                                                    |                                                                                 |
| 1:00 - 2:30| Predictable Patterns and their Weird Cousins  
Catherine A. Earhart, OTR/L |                                                                                 |
| 2:30 - 2:45| 15 minute break                                                           |                                                                                 |
| 2:45 - 3:45| Allen’s Cognitive Levels are the Foundation of a Unique Horticulture Therapy Program  
Caryl G. Gurksi, MS, OTR |                                                                                 |
| 3:45 - 4:15| Initial Exploration of the Psychometric Properties of Selected Allen Assessments: Implications for Use with Dementia Patients  
Tracey Vause-Earland, MS, OTR/L, E. Adel Herg, MS, OTR/L, Laura N. Gitlin, PhD and Laraine Winter, PhD |                                                                                 |
| 4:30 - 5:30| Membership Meeting                                                       |                                                                                 |

**Continued on the next page**

All participants who attend all Symposium Presentations will be awarded 9 CEUs.

The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

This activity is offered for 9 Certification Maintenance Hours (CMH) in speech-language pathology through the University of Akron School of Speech-Language Pathology and Audiology. These hours may be used to meet the ASHA certification and OH licensure maintenance requirement if you determine that the content is relevant to your area of practice. You do not need prior approval from ASHA to use this activity.
2. Identify a Core Team/"Agents" of Change, and together develop a solid master plan to begin the “Allenization” process.

3. Describe the process of educating and training various departments within a long-term care facility.

4. Identify how to implement the cognitive disabilities model within various departments programs & daily documentation.

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**Program Schedule - continued**

**Saturday • November 10, 2007**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Level</th>
<th>Area</th>
<th>Time</th>
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<tbody>
<tr>
<td>9:00 - 10:30</td>
<td>Functional Communication Programs for People with Dementia</td>
<td>All</td>
<td>Geriatrics</td>
<td>90 minutes</td>
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<td></td>
<td>Nancy D. Harris, M.A., CCC-SLP</td>
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<tr>
<td>10:30 - 10:45</td>
<td>Yes, but Why?: Allen Theory for Beginners</td>
<td>Introductory/Intermediate</td>
<td>General</td>
<td>90 minutes</td>
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<td></td>
<td>Joan Riches, B.Sc.O.T., OT(C) and Sarah Austin, MS, OTR/L</td>
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<tr>
<td>10:45-11:15</td>
<td>A Fresh and Functional Look at Cognitive Demands for Diabetes Self-Management</td>
<td>All</td>
<td>Geriatrics</td>
<td>30 minutes</td>
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<td></td>
<td>Anne McKay, OT Reg (Ont), BASc., BHSc.(OT), MSc. and Carol Hennigar, OT Reg (Ont), B.Sc.(OT)</td>
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<td></td>
<td>“Do Allen Diagnostic Module Scores Predict Independent Living Skills: A Validity Study”</td>
<td>All</td>
<td>Geriatrics</td>
<td>30 minutes</td>
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<td></td>
<td>Sarah Austin, MS OTR/L, Nicole Roberson, OTS, Audrey Arowolo, OTS, Angelino Hidalgo OTS and Krystal Harris, OTS</td>
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<tr>
<td>11:15 - 11:45</td>
<td>Posters and Vendors</td>
<td>All</td>
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<tr>
<td>11:45 - 12:45</td>
<td>Lunch</td>
<td>All</td>
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<tr>
<td>12:45 - 1:45</td>
<td>Urinary Incontinence Management with Clients Who Have Cognitive Impairments</td>
<td>All</td>
<td>Phys Dis &amp; Geriatrics</td>
<td>60 minutes</td>
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<td></td>
<td>Angela Edney, MS, OTR/L, Donna Diedrich, PT, GCS and Jennifer Tauro, OTR/L</td>
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<tr>
<td>1:45 - 1:50</td>
<td>5 minute break</td>
<td>All</td>
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<tr>
<td>1:50 - 3:20</td>
<td>Weaving Cognitive Disability Theory through the Curriculum (A Model for teaching the Model)</td>
<td>Intermediate/Advanced</td>
<td>Education</td>
<td>60 minutes</td>
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<td>E. Adel Herge, MS, OTR/L and Sandee Chalik, MS OTR/L</td>
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<td>3:20 - 3:25</td>
<td>5 minute break</td>
<td>All</td>
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<tr>
<td>3:25 - 4:15</td>
<td>Wrap-up</td>
<td>All</td>
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**Weaving Cognitive Disability Theory through the Curriculum (A Model for teaching the Model)**

**Presenter:** E. Adel Herge, MS, OTR/L
Assistant Professor, Department Coordinator
Thomas Jefferson University

Adel teaches several courses in the Department of Occupational Therapy, including courses in pathology, evaluation, environmental adaptation and research. Adel is the “go to” person for faculty and students who are interested in the Cognitive Disability Theory. She also serves as a consultant to several research projects that use the Theory. Adel is the clinical supervisor for students on their level II affiliation at a day program serving adults with intellectual disabilities. In 1998 Adel introduced the use of the Theory into that program and it now serves as one of the major theories used in intervention and program development. Adel is also a member of the Allen Cognitive Advisors.

**Presenter:** Sandee Chalik, MS OTR/L
Clinical Instructor
Thomas Jefferson University, Philadelphia, PA

Sandee has taught theory in the Department of Occupational Therapy for the past 6 years. She has participated in curriculum development and projects to advance the department. Sandee serves as a resource for the faculty in the area of active learning for college students and school-based occupational therapy. Sandee is also a practicing clinician at The Newgrange School, a school for students with average intelligence and language based learning disabilities, including ADHD, Dyslexia, Asperger Syndrome, Tourette Syndrome and similar diagnoses. Sandee is in the process of developing a transition program for these students, using Allen’s Theory of Cognitive Disabilities.

**Learning Objectives**

At the conclusion of this presentation participants will be able to:

1. Identify strategies used to instruct graduate occupational therapy students in the entry level understanding of cognitive disabilities theory.

2. Appraise student’s application of the theory through didactic and lab experiences.
OT role. Over the past two years, Silvia has been applying and broadening her knowledge and skills servicing adults and geriatric clients on inpatient psychiatry. She is passionate about improving the quality of occupational therapy services reflecting on evidence-based practice. She also has a special interest in spirituality and enhancing overall quality of life of clients with serious mental illness and cognitive impairment.

**Presenter:** Carol Hennigar, OT Reg. (Ont.), BSc (OT)
Occupational Therapist, Psychiatric Consultation Liaison Team
Trillium Health Centre

Having practiced OT for 31 years, Carol has developed exemplary skills in caring for adults and seniors requiring mental health services. Carol initiated and facilitated application of the Allen Cognitive Disabilities Model at Trillium Health Centre, where it is now used across all services. She continues to stimulate OT practice development and mentor new therapists in the use of Allen’s theory and other aspects of OT. She provides clinical consultation, staff support and education throughout Trillium, as a member of the psychiatric consultation liaison team.

**Learning Objectives**
At the conclusion of this presentation participants will be able to:

1. Explore the complexity of transportation in people with serious mental illness with cognitive and functional impairment.
2. Use Allen Cognitive Levels for development of a consistent assessment and evidence-based intervention promoting travel independence and resource utilization.

**SATURDAY • 2:20 p.m. - 3:20 p.m.**

**Mission Impossible? Strategies to Achieve Successful “Allenization”**

**Presenter:** Sharon Jackson COTA/L
Case Manager/Admissions & Marketing Coordinator
Hennis Care Centre in Bolivar, Ohio

Sharon Jackson is a 1998, COTA/L Graduate of Stark State College in Ohio. She has devoted over nine years of her career serving the geriatric population in long-term care. She is currently employed at Hennis Care Centre of Bolivar as Case Manager/Admissions. In conjunction with her other various roles at Hennis Care Centre, she has designed and developed many diverse programs for care by implementing the Allen’s cognitive disabilities model. She has successfully educated several departments, such as nursing, activities, housekeeping and dietary, on Allen’s concept of personalized care.

**Learning Objectives**
At the conclusion of this presentation participants will be able to:

1. Describe to administers the financial benefits of using Allen’s cognitive disabilities model in a long term care facility.
UP! UP! UP! Upping the Ante: Updating, Upgrading, Upskilling

**Presenter:** Komala Pepin B.Sc.O.T.
Assistant Manager, Regional Social, Vocational and Supports Programs
Institutional Affiliation: Regional Mental Health Program
Capital Health, Edmonton, Alberta, Canada

Komala Pepin is the Assistant Manager of Regional Social, Vocational and Supports Programs in the Regional Mental Health Program of the Capital Health Authority, Edmonton, Alberta, Canada.

**Presenter:** Joan Riches B.Sc.O.T
Consultant
Riches Consulting (1993)

Joan Riches is an educator in private practice from High River, Alberta, Canada, is president elect of Allen Advisors Ltd. Joan is currently consulting to the Regional Mental Health Program based in Edmonton, Alberta on the delivery and sustainable development of a rigorous training program based on the Cognitive Disability Model for all OTs who refer to community programs. The inclusion of assessment information based on the model is now mandatory in all such referrals.

**Learning Objectives**

At the conclusion of this presentation participants will be able to:

1. Apply the methods of the Cognitive Disability Model to reinvigorate existing vocational rehabilitation programs.
2. Recognize opportunities to nurture therapists in professional growth.
3. Consider the value of system support and long range mentoring in program development.

Transportation and Serious Mental Illness: Towards Evidence-based Practice

**Presenter:** Silvia Tridici, OT Reg. (Ont.), BSc. OT
Occupational Therapist, Inpatient Psychiatry
Trillium Health Centre

Silvia has extensive experience working with people with serious mental illness in the community where she gained a deep understanding of the needs and challenges faced by this population. She initiated use of Allen Cognitive Disabilities Model into the ACT team.
Urinary Incontinence Management with Clients Who Have Cognitive Impairments

Presenter: Angela Edney MS, OTR/L
Clinical Director of Operations
AEGIS Therapies

Angela Edney is a Clinical Director of Operations for AEGIS Therapies. Ms. Edney serves as a clinical resource for speech-language pathology, occupational therapy, and physical therapy. Publications include “Dementia: A Systematic Approach to Rehabilitation Intervention,” an article published in Focus on Geriatric Are and Rehabilitation, Jul/August 2000, Vol. 14(3), Aspen Publications and an article in the OT Practice (Dec 19, 2005) on A Systematic Approach to Falls Prevention for the Patient with Cognitive Impairment. She received the chairmen's award from Beverly Enterprises, Inc. in Dec 2005

Presenter: Donna Diedrich PT, GCS
Clinical Director of Operations
AEGIS Therapies

Donna Diedrich is a Clinical Director for Aegis Therapies. She graduated Ithaca College with a BS in Physical Therapy, and presents with 26 years experience, of these, 20 years in geriatric therapy. She is certified by the APTA as a Geriatric Clinical Specialist and currently supports rehab disciplines including OT, PT and ST across 8 states and the District of Columbia. She presented at APTA 2006 Combined Sections Meeting on the topic of Treatment Interventions for the Cognitively Impaired Faller. She has presented at Healthcare and Professional Associations in KY, GA and NC on rehab related topics.

Presenter: Jennifer Tauro OTR/L
District Manager
AEGIS Therapies

Jennifer Tauro is a district manager with Aegis Therapies. She has worked for the company for 12 years out of which 10 years have been as a manager. She has presented UI courses in the past and is a clinical leader in UI management and provides support calls to various districts to help implement and streamline their UI clinical program. She is also an ‘OT Bootcamp’ instructor with Aegis Therapies.

Learning Objectives
At the conclusion of this presentation participants will be able to:

1. Define the different types of UI and implication for patients with cognitive impairment
2. Describe the assessment process for clients with UI who have dementia or other types of cognitive deficits
3. Articulate various treatment strategies to reduce UI with geriatric patients who have cognitive impairment

Environmental Supports to Improve Outcomes in Schizophrenia and other Conditions with Cognitive Impairment

Featured Presenter: Dawn I. Velligan, Ph. D.
Professor
Department of Psychiatry
University of Texas Health Science Center, San Antonio
Co-Director, Division of Schizophrenia and Related Disorders

Dr. Dawn Velligan is a Professor in the Department of Psychiatry, and Co-Director of the Division of Schizophrenia and Related Disorders at the University of Texas Health Science Center in San Antonio. She received her training in clinical psychology at the University of California and Mental Health Clinical Research Center for Schizophrenia in Los Angeles. In 1989, Dr. Velligan moved to Texas to assist in the development of the University of Texas Health Science Center-San Antonio State Hospital Clinical Research Unit specializing in pharmaceutical and psychosocial studies of psychotic disorders. Dr. Velligan’s internationally recognized research program has focuses on the cognitive deficits associated with schizophrenia, the functional consequences of these deficits, and interventions to bypass cognitive impairment and improve community function in individuals with this illness. An additional research focus is on adherence to oral antipsychotic medications for individuals living in the community. Dr. Velligan is author of numerous publications and is principal investigator for various studies funded by the National Institute of Health, pharmaceutical companies, The National Alliance for Research on Schizophrenia and Depression, and private foundations. Dr. Velligan is a scientific associate of the World Health Organization U.S.-Mexico Border Collaborative Center.

Learning Objectives
Upon completion of this presentation the participant should be able to:

1. Describe the reliability and validity of the Allen Cognitive Level Screen.
2. Describe the cognitive deficits that characterize schizophrenia, how these deficits are assessed, and their relationship to outcome.
3. Describe ways to customize environmental supports for individuals with different cognitive and behavioral profiles.
4. Review the evidence for the effectiveness of psychosocial treatments that are designed to bypass deficits in cognitive functioning for schizophrenia patients and the applicability of these interventions to dementia and head injury populations.
Predictable Patterns and Their Weird Cousins

**Presenter:** Catherine A. Earhart OTR/L
Supervisor of Occupational Therapy
LAC+USC Healthcare Network

Catherine A. Earhart has worked in acute care psychiatry since 1972, and is currently Supervisor of Occupational Therapy at Los Angeles County + University of South California Healthcare Network in Los Angeles, California. She contributed chapters to *Occupational Therapy for Psychiatric Diseases: Measurement and Management of Cognitive Disabilities*, (Allen, 1985) and *Occupational Therapy Treatment Goals for the Physically and Cognitively Disabled*, (Allen, Earhart, & Blue 1992). Her interest in activity analysis and background in design led to collaboration with Claudia Allen to develop and produce the Allen Diagnostic Module in 1993. This collection of 35 standardized activity assessments was recently updated in 2006 as the ADM-2nd Edition.

**Learning Objectives**

After this presentation, participants will be able to:

1. Describe how scoring the performance of individuals on ADMs depends on recognizing a pattern of behaviors.
2. Explain why scores need to be interpreted within the context of other data about patterns of behavior.
3. Describe how mismatches between an individual’s patterns of behavior and those described in the cognitive disabilities model can help guide the evaluation process.

Allen’s Cognitive Levels are the Foundation of a Unique Horticulture Therapy Program

**Presenter:** Caryl G. Gurski, M.S., OTR
Occupational Therapist Clinician, Consultant and Teacher

Ms. Gurski earned a BA from Baldwin Wallace College-Berea, Ohio, a BS and MS from Mt. Mary College-Milwaukee, WI. She worked as an occupational therapist dedicated to elderly and persons with dementia, and as a regional manager, teacher and consultant. Ms. Gurski developed and implemented the Horticultural Therapy Program from 2002-2005. She has presented and published on this topic in both the USA and Canada.

Do Allen Diagnostic Module Scores Predict Independent Living Skills? — A Validity Study

**Presenter:** Sarah Austin
Assistant Professor of Occupational Therapy
Chicago State University

Sarah Austin is an assistant professor of Occupational Therapy at Chicago State University. She is also a doctoral candidate in Educational Psychology with a specialization in Measurement, Statistics, Assessment and Evaluation at the University of Illinois at Chicago.

**Presenter:** Nicole Roberson
Audrey Arowolo
Angelino Hidalgo
Masters of Occupational Therapy Students
Chicago State University

Nicole Roberson, Audrey Arowolo, and Angelino Hidalgo, are students from Chicago State University pursing a Master’s degree in Occupational Therapy. They completed this study as a part of their academic requirements. They are currently completing level II fieldwork.

**Additional Author**
Krystal Harris

**Learning Objectives**

At the conclusion of this presentation participants will be able to:

1. Explain the theoretical link between the Allen Diagnostic Module (ADM) and independent living skills.
2. Describe the empirical evidence of a relationship between the (ADM) and independent living skills in adults with schizophrenia as measured by the Kohlman Evaluation of Living Skills.
**FRIDAY • 3:45 p.m. - 4:15 p.m.**

### Initial Exploration of the Psychometric Properties of Selected Allen Assessments: Implications for Use with Dementia Patients

**Presenter:** Tracey Vause-Earland, MS, OTR/L  
Assistant Professor, Dept. of Occupational Therapy,  
Thomas Jefferson University, Philadelphia, PA

Tracey Vause Earland is an Assistant Professor in the Department of Occupational Therapy at Thomas Jefferson University. Over the last 12 years, she has served as an Occupational Therapy Interventionist on a number of nationally-funded studies focusing on Dementia management and Caregiver skill-training. Tracey also serves as Clinical Coordinator of Occupational Therapy services in the Center for Applied Research on Aging and Health at Thomas Jefferson University.

**Presenter:** E. Adel Herge, MS, OTR/L  
Occupational Therapist, Psychiatric Consultation Liaison Team  
Trillium Health Centre

E. Adel Herge, MS, OTR/L is an Assistant Professor in the Department of Occupational Therapy at Thomas Jefferson University in Philadelphia, PA. She has been using Allen Cognitive Disabilities Model in her clinical practice with adults with intellectual disabilities since 1998. She serves as Intervention Trainer for the Tailored Activities Project (TAP). Adel is also a member of the Allen Cognitive Advisors.

### Additional Authors

- Laura N. Gitlin, PhD  
  Director, Center for Applied Research on Aging and Health  
  Thomas Jefferson University, Philadelphia, PA

- Laraine Winter, PhD  
  Asst. Director, Center for Applied Research on Aging and Health  
  Thomas Jefferson University, Philadelphia, PA

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**SATURDAY • 10:45 a.m. - 11:15 a.m.**

### A Fresh and Functional Look at Cognitive Demands for Diabetes Self-Management

**Presenter:** Anne McKye, OT Reg (Ont), BASc., BHSn.(OT), MSc.  
Occupational Therapist, Seniors’ Health Program  
Trillium Health Centre

Anne completed her Masters of Science in Rehabilitation in 2005, focusing her research on the care of older adults with cognitive impairment. She is committed to contributing to the health & well-being of seniors in both her research and clinical roles. As a member of the Seniors Health Outreach Team, Anne does in-home assessments, as well as community education and development. She additionally provides OT clinical services to the inpatient Geriatric Mental Health Unit. Her practice reflects her strong working knowledge of the Allen Cognitive Disabilities Model.

**Presenter:** Carol Hennigar, O.T. Reg (Ont), BSc (OT)  
Occupational Therapist, Psychiatric Consultation Liaison Team  
Trillium Health Centre

Having practiced OT for 31 years, Carol has developed exemplary skills in caring for adults and seniors requiring mental health services. Carol initiated and facilitated application of the Allen Cognitive Disabilities Model at Trillium Health Centre, where it is now used across all services. She continues to stimulate OT practice development and mentor new therapists in the use of Allen’s theory and other aspects of OT. She provides clinical consultation, staff support and education throughout Trillium, as a member of the psychiatric consultation liaison team.

### Learning Objectives

At the conclusion of this presentation participants will be able to:

1. Describe the cognitive demands of diabetes self-management based on task analysis.
2. Apply the Allen cognitive disabilities model to occupational therapy recommendations for safe independent community self-management of diabetes.
Learning Objectives
At the conclusion of this session, participants will be able to:
1. Describe the significance and necessity for using standardized assessment tools.
2. Examine the relationship between Allen's Lacing and Placemat assessments and neuropsychological tests.
3. Discuss implications for understanding cognitive functioning in patients with dementia.
4. Identify an efficient assessment approach to use with patients diagnosed with dementia.

SATURDAY • 9:00 a.m. - 10:30 a.m.

Functional Communication Programs for People with Dementia

Presenter: Nancy D. Harris, M.A., CCC-SLP
Clinical Supervisor, Speech-Language Pathologist
The University of Akron

Nancy D. Harris, M.A., CCC-SLP, earned her masters degree in speech-language pathology at Kent State University in 1985. She currently is a clinical supervisor for the Audiology and Speech Center at The University of Akron. Mrs. Harris currently supervises students and provides speech-language-cognitive services for two off campus contract. One contact is for an outpatient clinic involving clients with neurogenic disorder. The second contract is with and extended care facility focusing on cognitive disorders in dementia. Her background includes extensive clinical experience in long-term care and acute care settings.

Learning Objectives
At the conclusion of this session, participants will be able to:
1. Identify residents for a functional communication program.
2. Implement strategies to improve the quality of life of residents while reducing the burden on caregivers.
3. Describe strategies to manage problematic behaviors in residents.
4. Apply strategies to capitalize on existing functional communication skills.

SATURDAY • 9:00 a.m. - 10:30 a.m.

Yes, but Why?: Allen Theory for Beginners

Presenter: Joan Riches B.Sc.O.T., OT(C)
Consultant

Joan Riches B.Sc.O.T., an educator in private practice from High River, Alberta, Canada, is president elect of Allen Advisors Ltd. The Cognitive Disability model has been central to Joan’s practice since her graduation, in mid-life, from the University of Alberta in 1988. In 1991 Joan was fortunate to be able to conduct an interview with Claudia Allen based on the theoretical propositions stated in her book Occupational Therapy for Psychiatric Diseases (1985). More recently Joan has appreciated her ongoing discussions with Sarah Austin about how to articulate the constructs embedded in the model.

Presenter: Sarah Austin MS, OTR/L
Assistant Professor of Occupational Therapy
Chicago State University

Sarah Austin is an Assistant Professor of Occupational Therapy at Chicago State University and doctoral candidate in Educational Psychology with a concentration in Measurement, Evaluation, Statistics and Assessment at University of Illinois, Chicago. Sarah’s dissertation will focus on a psychometric study of three ACM tasks.

Learning Objectives
At the conclusion of this presentation participants will be able to:
1. Begin to use the construct of linked and related hierarchies of abilities and activity demands to recognize clusters of characteristic behaviors at different levels of the hierarchies.
2. Describe the links between theory and assessment in the cognitive disabilities model and thus develop expertise in score interpretation and treatment planning.
3. Explain how theory based task analysis illuminates the interpretation of scores from assessments based on the cognitive disabilities theory and enhances treatment planning.